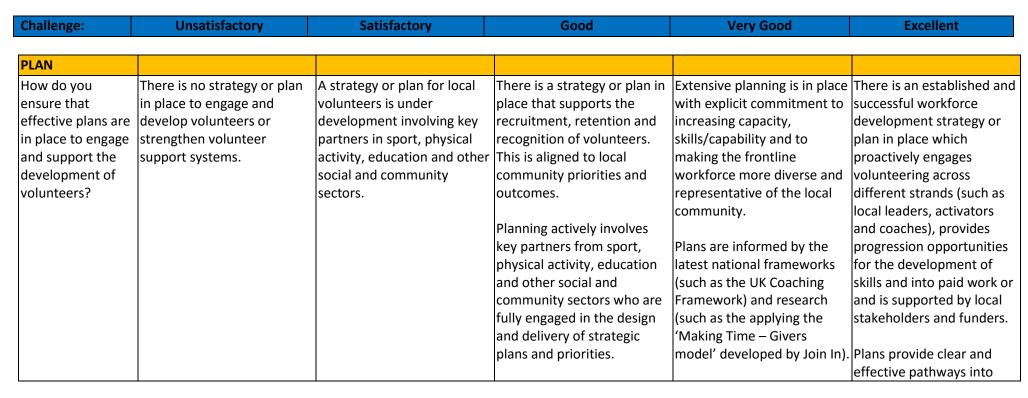
### Quest 2016 – Gplus 25 Engaging with Volunteers Guidance Notes

Issue 2 - July 2016

### **Outcomes**

- There is an effective plan to engage and develop volunteers and build up local capacity
- Positive action is being taken to make the volunteer base more diverse and representative of the local community
- Volunteers are positive about their volunteering experiences and are recognised and rewarded for their contribution
- Pathways are in place to develop the skills of volunteers and opportunities are available for individual, community and economic development
- There is evidence of a stronger volunteering base locally contributing to the delivery of sport and physical activity opportunities and the health and wellbeing of the volunteers.







Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
				Planning provides direction	local education and
				on development and support	
				for existing and new	employment opportunities;
				volunteer roles across the	link in with wider support
				workforce (e.g. leaders;	for clubs and the voluntary
				activators; coaches; officials	sports sector; and are part
				etc.) and creates links	of a wider strategy to
				between school, outreach,	engage with community
				facility programmes and	organisations.
				events.	o o
					Plans can demonstrate the
				There is some evidence of	application of the latest
				plans and systems being	national frameworks (such
				effective.	as the UK Coaching
					Framework) and research
					(such as the applying the
					'Making Time – Givers
					model' developed by Join
					ln).
					Volunteers are involved in
					shaping strategic plans,
					new interventions and
					systems to support
					volunteers.
					There is evidence of plans,
					interventions and systems
					to support local volunteers
					being successful and scaled
					up.



Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
DO					
ensure volunteers are effectively	no or little evidence of a pro-	Adequate resources and systems are in place to engage volunteers and provide basic levels of volunteering support.  Some effort is made to diversify the workforce of volunteers mainly on a responsive/opportunistic basis.  There are some examples of good practice such as:  Volunteers being engaged/involved in development work  Case studies of volunteers who have benefited from volunteering  Recognition awards for volunteers	information available for promoting volunteering and	investment to engage volunteers and enhance volunteering support systems and services.  The organisation can demonstrate the proactive measures it is taking to diversify the workforce of volunteers are beginning to make a difference.  There are a number of high	planning. They recognise the contribution made by volunteers and can make a strong business case for further investment in strengthening the volunteer base.  Volunteers from key audiences/areas are systematically identified and engaged to influence new plans, interventions and systems.  The organisation is considered a role model and trailblazer and is working with specialist



Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
			programme for the volunteer workforce in operation with clear evidence of need and take up.	and designed to help widen access, deepen the skill base and make the best use of volunteers in supporting behaviour change, coping with safeguarding and equality issues and preparing for paid employment.  Buddy schemes operate in support of would be	The organisation can demonstrate the proactive measures it is taking to diversify the workforce of volunteers and has trend data evidencing the difference it is making.  Special provision is made to provide support for NEETS, disabled people, women and girls; older people and volunteers from disadvantaged communities in order to extend the reach of the organisation.  Schemes are in place to provide employment
					opportunities in sport, physical activity and related social sectors.  There is a high profile recognition scheme in place for volunteers working in the community involving partners in sport, local enterprise/commerce



Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
MEASURE How does the organisation	There are no KPIs or measures in place to assess the effectiveness of work with volunteers.	There is a record of the numbers of volunteers and some clear project outputs in place.	Measures and targets are in place for the number and profile of volunteers.  There is a database of volunteers in place to map volunteer profiles, skills and outputs.	Measures and targets are in place for a range of KPIs relating to qualitative and quantitative outputs including:  Numbers and profile of volunteers  Diversity and representation of the local population  Satisfaction and retention levels.  Soft outcome studies are in	and community organisations.  The individual, social, economic and sporting benefit/value of volunteering is calculated and publicised.  There are mechanising to measure the number and growth, satisfaction and retention levels and profile of active volunteers in schools and in the community.
REVIEW				place to measure the satisfaction and benefits of volunteering.	There are mechanisms in place to measure capacity of volunteer locally in terms of skills, qualifications, collective and individual progression.



Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
organisation meet the needs and aspirations of volunteers and review its volunteer support systems?	Review processes for the engagement and service offer to clubs are piecemeal and do not appear to contribute to change or development.  There is little evidence that the volunteer engagement and support systems are reviewed.	Volunteer engagement and support services are part of an annual review, undertaken predominantly on an internal basis.  Monitoring and evaluation systems involving partners/third parties are in the design and development stage.  The organisation is devising ways of how it involves volunteers in the review of its programmes and services.	Best practice is identified and shared across the organisation and with partners with the purpose of doing more of 'what works'	volunteers and constructively respond to their needs • Proactively engages population groups and communities have low levels of representation • Seeks input from the wider voluntary sector	Robust monitoring and evaluation processes are in place and producing high quality evidence of change and improvement which is shared and publicised.  The organisation is working effectively in collaboration with voluntary agencies in sport, physical activity and other sectors to stretch and support its work.  All of the key principles important to volunteers are reviewed with evidence of continuous improvement being achieved (e.g. GIVERS – see guidance notes).  The organisation uses primary and secondary research to evaluate performance and return on investment in volunteering to help manage change and support improvement
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Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
IMPACT  How has the capacity and capability of volunteers been enhanced and what contribution has this made to sport, physical	There is no clear evidence of impact from work undertaken.	There is some evidence the organisation engaging and supporting volunteers in terms of increasing numbers of volunteers.  There are case studies that are promoted demonstrating	A theory of change and outcomes framework is being worked up for volunteering which aligns with local priorities and needs assessments.  Trend data is being	based on soft outcomes studies.  A theory of change and outcomes framework is being used to build up a robust evidence base.  Trend data is emerging for demonstrating:  • Growth and diversity of	involved in reviewing and shaping both frontline and support services  There is robust evidence that the volunteering work undertaken has:  Increased the capacity of the local sport and physical activity sector  Increased the diversity of the volunteer
activity and wider social objectives?		the benefits of volunteering to individuals and their	developed for demonstrating:  Growth and diversity of the volunteer base  Improvements in the skills of the volunteer base and the quality of its delivery  Individual and wider society benefits being achieved by volunteering	<ul><li>the volunteer base</li><li>Improvements in the skills of the volunteer</li></ul>	of the volunteer workforce making it more representative of the local population Resulted in benefits to physical wellbeing, mental wellbeing, individual development, community development and/or economic development
			Partner testimonials are collected, analysed and utilised.  Performance information is	benefits that investment in volunteering has generated.  There is evidence of personal benefits to those volunteering that relate	There is clear evidence of the economic added value resulting for volunteering work and how it can contribute to efficient and effective local delivery



Challenge:	Unsatisfactory	Satisfactory	Good	Very Good	Excellent
			communicated both	directly to individual	
			internally and externally.	development/efficacy and	
			internally and externally.	skills development	
				Evidence is emerging of the	
				economic benefits of	
				volunteering because of the	
				links being made into	
				opportunities for paid	
				employment as well as value	
				of services provided and	
				impact achieved by the	
				volunteer workforce.	



### **Suggested Guidance**

### **Making Time**

Applying the GIVERS principles to sport:

**G** – Growth (and wellbeing)

I – Impact

**V** – Voice (and messaging)

**E** – Experience (and ease)

**R** – Recognition (and retention)

S - (Sport is...) Social

Join In 'Making time' research study 2016 <a href="https://www.joininuk.org/making-time/">https://www.joininuk.org/making-time/</a>

### **Key links**

- Join In 'Hidden Diamond: uncovering the true value of sport volunteers' <a href="https://www.joininuk.org/hidden-diamonds-true-value-of-sport-volunteers/">https://www.joininuk.org/hidden-diamonds-true-value-of-sport-volunteers/</a>
- DCMS Sporting Futures Strategy:
   https://www.gov.uk/government/uploads/system/uploads/attachm
   ent\_data/file/486622/Sporting\_Future\_ACCESSIBLE.pdf
- Sport England: Strategy Towards an Active Nation <a href="https://www.sportengland.org/media/10629/sport-england-towards-an-active-nation.pdf">https://www.sportengland.org/media/10629/sport-england-towards-an-active-nation.pdf</a>





### **PLAN**

How do you ensure that effective plans are in place to engage and support the development of volunteers?

### **GUIDANCE**

- The importance of volunteering and investment in volunteers is identified as part of the corporate strategy and is linked to a local outcome frameworks
- There is a plan in place which addresses and links together the engagement, recruitment, deployment, support, recognition and reward of volunteers
- Clear objectives are defined in strategy/policy to increase the number of people volunteering in sport and physical activity to achieve health and wider social benefits and to increase participation levels
- Clear objectives are defined in the strategy/plan improve the diversity of volunteers in the area
- Clear objectives are defined in the strategy/plan to engage, recruit and deploy volunteers in target communities and/or with specific audiences to help widen access/ tackle inequalities/ provide additional capacity
- The organisation works proactively with community partners, sporting bodies and key local and national agencies to identify and access funding/resources to help build capacity, capability and skills to develop a programme that is effective and sustainable
- Partners play an integral part in the design and delivery of the programme that is effectively linked to current sport and physical activity agendas. This might involve university / college departments, job centres, prison service, volunteer centres, schools, scouts/guides, local training providers, clubs, NGBs, CSPs, StreetGames, Sported, non-sporting organisations such as NCS/Princes Trust and local businesses to help create a joined up approach and clear pathways for progression
- There is investment in the management and co-ordination of a volunteering strategy and programme which can work across local facilities, clubs, schools, community agencies, youth groups, events and interventions (e.g. walks programmes, Parkrun, coach development)
- The organisation uses socio-economic data, local demographics, local needs analysis to inform work around their volunteering strategy to help fix priorities and focus resources
- The organisation has defined its financial targets / budgets to ensure the volunteering programme is efficient and effective and has a long term perspective to ensure volunteering programmes are sustainable particularly when funding for specific projects stops

DC

How do you strengthen and diversify the volunteer base and ensure volunteers are effectively engaged, retained and rewarded for their contribution?

### **GUIDANCE**

- Staff deployed to work in this area are skilled and trained to provide high quality support and guidance (and this is assessed through surveys of partners/volunteers)
- The organisation has created effective information channels to target new volunteers and to make more people aware of volunteering opportunities and benefits in the locality/catchment areas
- There is a well-structured, well promoted and high quality, customer-centric training and development programme for organisations and volunteers to





access. This is supported through the website, promoted through social media and enabled through the use of toolboxes for the voluntary sector and individual volunteers to use to assist them in their work. The programme is regularly evaluated to provide a range of technical training, multi-skilling opportunities, motivational interviewing/behaviour change skills; information and guidance around safeguarding; health and safety; equality and club/community development for example

- The organisation has a mentoring / buddying system to support voluntary organisations/volunteers and measures their success/impact formally
- There is a clear focus on diversity/equality with schemes in place to promote volunteering by disabled people; women, older people and people from disadvantaged communities including so-called NEETS
- The organisation deploys volunteers and buddies as part of its projects and intervention work to good effect and this work is heavily promoted and showcased to provide profile
- The organisation provides a volunteer handbook which includes personnel procedures, code of conduct, training log, safeguarding and health and safety guidance
- Appropriate personnel procedures are in place including open recruitment, positive action initiatives, DBS and other qualification checks (if appropriate), induction training, mentoring and development opportunities
- The organisation has a process in place which can match the volunteer's qualifications to specific opportunities and identify training and development needs (skills assessment)
- The organisation has generic and specific volunteer agreements / code of conducts in place for each individual post/deployment
- The organisation has a reward and recognition scheme in place which might include award ceremonies to highlight and recognise volunteer's contribution as well as awards, website postings, length of service certificates, prizes and incentives schemes
- Volunteers who play an active part in the organisation and/ or wider development work are offered additional training, qualifications, kit and equipment or experiences
- The organisation pro-actively signpost volunteers to job opportunities including apprenticeship, coaching and other roles within the industry/sector and has developed links to external employers/partners who recognise the value of the programmes
- Bursaries are provided or grant aid schemes to partners to help develop volunteers on the ground
- Events are used to attract and deploy volunteers as well as retain them for follow up work
- Strong links are in place with workplace providers/local employers to promote Corporate Social Responsibility and the deployment of volunteers to support this
- The organisation has created an effective volunteer database of CRM system to help it profile volunteers, communicate with them, measure their outputs and help assess change and impact

### MEASURE

How does the organisation measure the strength of its volunteer base and the contribution it makes?

### **GUIDANCE**

There are tools in place to measure objectives set and evidence can be provided to show how outputs relating to capacity, capability and diversity





contribute to wider outcomes set by Government and by local providers/commissioners

- The organisation undertakes satisfaction surveys of volunteers and partners to ascertain the qualitative benefits of volunteering work
- The organisation undertakes soft outcomes studies of volunteers to ascertain the qualitative benefits of volunteering particularly around individual /personal development
- KPIs are in place and communicated internally/shared externally around project outputs, recruitment statistics including profile/make up of volunteer database, retention, training attendance, skills development and progression into employment
- There are measures around the return on investment made in support of volunteers.
- The individual, social, economic value of volunteering directly provided, supported or indirectly enabled is calculated and promoted
- The sporting benefits of volunteering which is directly provided, supported or indirectly enabled is calculated and promoted
- The health benefits to volunteers and of volunteering which is directly provided, supported or indirectly enabled is calculated and promoted

### **RFVIFW**

### How does the organisation meet the needs and aspirations of volunteers and review its volunteer support systems?

### **GUIDANCE**

- Available insight and data from national agencies such as Sport England, NCVO, Institute of Volunteering is used pro-actively to inform decision making, collaborative working and make changes
- The organisation reviews objectives and approaches regularly with the staff team and with partners fully involved.
- The organisation reviews objectives, approaches and performance with volunteers on a regular basis to promote best practice and recognise high performance/success
- The organisation is pro-active around benchmarking both inside and outside the industry
- The organisation is pro-active around seeking out and sharing best practice within and outside its boundaries- for example use of Time Credits; Apprentice Schemes; training around behaviour change/motivational interviewing; deployment of buddy schemes; NGB/Club Matters initiatives and resources; applying the findings of Join In research (GIVERS)
- Trend data to review KPIs around recruitment, retention, throughput and employment is utilised
- Information and analysis for surveys, evaluations and third parties is used to make change happen; to do more of what works best and to improve performance

### **IMPACT**

How has the capacity and capability of volunteers been enhanced and what contribution has this made to sport, physical activity and wider social objectives?

### **GUIDANCE**

- The organisation is able to identify and demonstrate the value of engaging and developing volunteers and can effectively communicate the impact of its work to volunteers, partners and stakeholders
- The organisation has or is working up a theory of change and outcomes framework relating to its work with volunteers





- There is increased volunteer capacity now as a result of efforts to engage and retain
- There is increased volunteer capability now as a result of support and development initiatives
- There is increased volunteer diversification now and it is more representative of the local community as a result of information provision, recruitment, special initiatives/projects and additional support provided
- Impact reports or infographics are used to show the contribution volunteering makes in a local community
- There is better engagement and collaboration with the voluntary sector, community organisations and national agencies and are there more volunteers and more effective use of resources as a result
- There are improved and increased employment opportunities for volunteers now
- There is greater inward investment in volunteering now and a clear cost/benefit analysis
- There is clear economic and social benefit from volunteering that can be demonstrated.
- The contribution that volunteering makes to local sport and health profiles as well as to local community outcomes is clear to see